

First Family Foundations

Building a foundation of Faith for Families.

Unit 1 — God

Lesson 3 — He is personal.

Introduction — God is not a force, like in Star Wars. He is not some abstract idea like "truth." He is not a mysterious notion that no one can relate to. Instead, He is personal. He has thoughts and feelings. And He wants to communicate with each of His creatures. Tell your children that we make God happy when we obey Him, and that He is sad when we disobey Him. But He loves us always, like a shepherd who loves his sheep and goes after them when they wander away.

Here's the Activity:

Read this short story to your family.

An archaeologist is an expert on fossils. A musicologist specializes in music. A zoologist is an authority on animals. If you want to know about human beings and their history, an anthropologist is the person to talk to. A volcanologist — you guessed it — knows all about volcanoes and spewing lava. And don't forget the biologist, the cardiologist and the ecologist. They're all experts in something, too! If someone was an expert on you, they would be called a _____-ologist (write your name in the blank).

Well, guess what? Someone *is* an expert on you. There's Someone who knows everything there is to know about you — even more than you know about yourself. Not only that, but He loves you more than anyone else can and cares about everything going on in your life.

Key verse: "Are not two sparrows sold for a copper coin? And not one of them falls to the ground apart from your Father's will. But the very hairs of your head are all numbered. Do not fear therefore; you are of more value than many sparrows." (Matthew 10:29-31, NKJV)

Review the facts.

Remind your children that God knows everything about them, even how many hairs are on their head.

"If He knows such a little detail, think how much he must care about you!"

Ask each person present to say, "I believe God knows everything about me. I believe He created me in His image, and He wants very much to have a personal relationship with me."

Read and discuss these questions with your family.

Q. How does it make you feel to know someone knows everything about you?

If God knows every little detail about who you are, then He understands perfectly what you are going through. And there's nothing you can hide from Him. As your own personal expert, God knows how you're feeling all the time, and He sees everything you do. So you can talk to Him about anything.

Q. What does that mean for you?

Anytime you don't know what to do, you can ask God for help. Because He knows you inside and out, He'll help you make the right decision. And you can rest in the fact that since He knows the tiniest things about you, He also knows the big things, such as what school you will go to and where you will live. God cares about the big things, the small things and everything in between. So when you need help, go to the Expert!

Pray

Thank God for caring about every detail of your life.