



# Dance Classes Available!

Has your child ever asked to take ballet? Are you an Adult who has always wanted to learn how to dance but never was brave enough to try?

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# Come to First Baptist Jackson!

**Teacher: Krista Puderbaugh**

Krista began her dance training in New Hampshire Seacoast Ballet Company and Southern New Hampshire Dance Theatre. There she danced with Southern New Hampshire Youth Ballet and was in ballets such as *The Nutcracker*, *Swan Lake*, *Le Corsaire*, *Paquita*, and *La Boutique Fantasque*. She moved down to Jackson, MS to attend Belhaven University where she continued to study dance and perform. She graduated in May 2010 with a Bachelor of Arts in Dance with an emphasis in teaching. Krista

has taught at dance studios both in New Hampshire as well as Mississippi. In the summer of 2009, she went to Sweden to teach ballet. She now dances with Intersect Dance Collective in Jackson, MS. She is excited about teaching at FBCJ!

## **Classes Offered:**

Intro to Dance

Adults: 15+

A class where you can learn ballet, modern, dance improvisation, and other dance forms to build strength, flexibility coordination, and muscle tone. Great for people who want an alternative to their workout routine!

Ballet Class

Ages 4-18 years old

Ballet classes will be offered based on enrollment for students 3 and up. Pre- ballet will focus on coordination and musicality. Beginner and Intermediate levels will focus on learning ballet terminology, the correct execution of each step, as well increased coordination, musicality, and strength. Please specify any previous ballet training for placement purposes. Ballet is an art form that takes years to master. With a strong foundation

students will be prepared to go further in ballet or just be able to enjoy moving with grace and confidence!

Attire:

Ballet class: Black leotard, pink tights, pink ballet shoes, hair secured up off neck (preferably in a bun). No jewelry. (Children are be potty trained)

Intro to dance: Anything you can move freely in, hair secured off neck, no big dangly jewelry.

Tuition:

Class:	Per class	13-week session
Intro to Dance	\$10.00	\$120.00
Ballet Classes	\$10.00	\$120.00