



Connecting People
Transforming Lives
FIRST BAPTIST JACKSON
Recreation Ministry

Christian Life Center

Physical Address... Mailing Address...
First Baptist Church First Baptist Church
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601-949-1945 **www.fbcj.org**

CLC STAFF

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PURPOSE

The Christian Life Center of First Baptist Church, Jackson exists to fulfill the mission statement of the church.

PARTICIPATION

Participation in the CLC is open to the general public. Membership in the CLC may be requested by completing the Member Information Form.

All children (6th grade and younger) **MUST** be accompanied by a parent or guardian when using the CLC or participating in any of its children's programming.

Childcare will be provided for children (6th grade and younger) during certain seasons and operating hours of the CLC.

Times available at the control center desk by request!

Eligibility to participate will depend on an individual's willingness to abide by all policies and procedures.

The CLC has adopted a permanent key tag system. Each member of the CLC must have an individual key tag. All key tags are the property of the CLC. There will be an additional fee of \$5.00 for replacing lost key tags.

The key tag serves the following purposes:

- Identification
- Allows Controlled Admittance
- Provides for Equipment Check Out
- Tracks Attendance
- Supplies Emergency Information

The CLC will occasionally host activities and events open to the community. (i.e. sports leagues, classes, conferences, etc.) **All participants must register their attendance at the CLC Control Center Desk.**

FEE-BASED MEMBERSHIP OPTIONS

All CLC fees are to be paid by bank draft

(any other form of payment must be approved by the Activities Pastor)

Facilities Membership: \$30/month
Includes: Usage of Workout Room, Gymnasium, Game Room, Track.

Aerobics Membership: \$20/month
Includes: Participation in the CLC Exercise Classes and access to the Track.

Combination Package: \$40/month
Discounted rate for having both facilities and class memberships.

Family Facilities Membership: \$75/month
Includes for the whole family: Exercise Classes, Usage of Workout Room, Gymnasium, Game Room, Track

Locker Rental: \$25/year

A discount is available to those who would like to pay for a complete year. A savings of two (2) months can be achieved by paying yearly. This yearly fee can be paid by cash or check.

Any cost for returned checks/bank drafts will be the responsibility of the CLC member.

Other IMPORTANT Information on Membership...

Facilities and Combination Memberships paid on a monthly basis, are considered a **YEARLY** contract paid in monthly installments. **Members are required to pay the monthly fees regardless of facility usage.** Members have the option of canceling their membership without penalties or freezing their memberships as long as this is done on or before the first of the month. Accounts which remain frozen for more than 3 months will automatically be terminated. An account must be frozen by either completing a Freeze form at the CLC or by mailing or faxing a signed request by the member desiring their account to be frozen to the CLC. **This request must be signed and approved by the CLC staff.** An account may not be frozen with an existing balance. **Your account must be current in order to freeze. It is the responsibility of the member to call the Accounts Manager and confirm that all faxed requests to freeze an account have been received and processed. If an account balance reaches 120 days past due, the account will be terminated.**

Aerobics Memberships are not dependent on usage. Once the fee is paid, there will be no prorating for lack of attendance.

All due dates for Memberships Fees will be on the 1st of the month.

Members must pay their Membership Fees at the time they are due. If the member does not have his/her checkbook or the money on hand, they may postpone payment until their next visit. Upon the next visit, the member will not be allowed to use the facility if payment is not made. **No exceptions!**

GUESTS

FBCJ members are encouraged to bring guests. A FBCJ member may bring a guest with them at no charge for up to 3 visits. FBCJ members must have permission to bring more than one guest per visit.

FBCJ members are responsible for the conduct of their guests and/or any damage caused by their guest.

Guest and members must stay together at all times.
(Thus when the FBCJ member leaves, his/her guest must also leave.)

It is also possible for a guest to attend one of our aerobics classes on a one-time trial basis without cost.

(The guest will be required to fill out standard registration forms and to sign the normal waiver of liability.)

CLC Fee-Based Memberships **do NOT** have the privilege of bringing guests at any time (unless otherwise approved).

ENTERING AND EXITING

The primary entrance and exit is on the east side of the building on North Street. (There is also parking on this side.)

There is an entrance on State Street at the center of the building for pedestrian participants. All other doors on the street are exit only.

All participants **MUST** check in at the CLC Control Center Desk every visit!

CLC HOURS

The CLC hours of operation will be as follows...

Monday through Thursday

5:30 am - 8:30 pm

Friday

5:30 am - 7:30 pm

Saturday

8:00 am - 12:00 pm

Because of the many seasonal activities and the wide variety of events, the CLC hours of operation may vary. Any variations will be posted at the Control Center Desk of the CLC.

During the summer months, the CLC staff reserves the right to change the operating hours based on CLC usage!

RESERVATIONS

All First Baptist groups may make application for reservations for specific areas through the proper departments. All reservations will be coordinated with the already existing schedule of the CLC and must be approved by the Activities Pastor

All groups must have adequate supervision. The proper ratio of adults to children must be maintained as followed:

Grades K-3 - 1 to 5
Grades 4-6 - 1 to 8
Grades 7-12 - 1 to 10

FBC groups making reservations will be responsible for their own programs. The CLC staff will be happy to help plan any function provided it is calendared and coordinated through the appropriate CLC staff in advance.

All groups using the CLC are responsible for cleaning up areas they use. Reservations must be promptly cancelled if plans are changed.

PARTY RESERVATIONS

Reservations must be made through the Control Desk Manager at least 2 weeks in advance.

Call 949-1945 for a detailed list of party options and fees offered by the CLC staff.

Parties will be limited to the following areas: Dining Room, Game Room, and Gymnasium (The Climbing Wall is available at additional cost). The CLC will remain open to our membership in all other areas unless the party has been scheduled after normal CLC Operating Hours.

Children in the party must have an adult with them at all times!

DISCIPLINE

Willful violation of any policies or rules could lead to loss of eligibility to participate in CLC. (This includes both minors and adults).

Trained staff members under the direction of the CLC Staff will be operating the CLC. They have the right to say **NO** or **STOP**. Participants are expected to follow their directions.

Major infractions will be turned in as written reports to the CLC Staff. The CLC Staff will deal with serious discipline problems.

Infractions will be handled as follows...

First Infraction: Warning, explanation of rules and/or suspension of privileges

Second Infraction: Notification of parents and/or suspension of privileges

Third Infraction: Parental conference and/or suspension of privileges

DRESS AND BEHAVIOR

The CLC is a ministry of FBC Jackson. In the interest of influencing others for Christ, the speech, dress and conduct of the CLC members and guests will be in accordance with the highest Christian standards.

Shirts and shoes, along with other appropriate apparel, must be worn at all times (Including the work-out areas).

EQUIPMENT

Equipment will be checked out at the Control Center Desk with the key tag/keys of members and must be used for its intended purpose within the facility.

Individuals or groups who check out equipment or property will be financially responsible for equipment that is lost, damaged, stolen or destroyed.

CLC equipment must be returned to the same place from which it was checked out.

No personal equipment (i.e. basketballs, volleyballs, etc.) will be allowed in the CLC.

PROHIBITED ITEMS

Tobacco of any kind...

The CLC and all parking areas are Non-Smoking at all times!

Anything considered a weapon.

Any controlled substances.

Pets.

Anything distracting to the Christian atmosphere.

FOOD AND DRINKS in designated areas only!

(Water Bottles are permitted in the Gymnasium, Track, and Exercise Areas.)

FEES

There are fees for some activities. These fees are meant to offset equipment maintenance and new equipment cost.

No credit can be extended.

LOST AND FOUND

The Lost and Found is located at the Control Center Desk of the CLC. Lost items will be returned to the owner when requested and properly identified. Items will be kept for approximately one month and will then be donated to Mission First.

Participants are encouraged to put their names on all personal items such as warm-ups, shoes, equipment bags, shirts, etc.

LIABILITIES

The use of the CLC and all equipment will be at the risk of the participant. First Baptist Church Jackson does not assume liability or responsibility for any participant. First Baptist Church does not make any expressed or implied warranty of the premises, equipment, machinery, fixtures or furniture. First Baptist Church does not assume any liability for damage or theft done to any automobile while parked at the facility.

INTERPRETATION

INTERPRETATION OF POLICIES AND PROCEDURES...

The CLC staff will be responsible for interpretation and enforcement of all rules. Policies and procedures are reviewed yearly by the CLC staff and they may be added to or altered. Any situation not specifically covered in this list of policies will be acted upon if and when the need arises, at the discretion of the CLC.

THE CLC STAFF HAS THE RIGHT TO ADJUST ANY OF THE AFORE MENTIONED POLICIES AND PROCEDURES IN ORDER TO MAINTAIN AND FOLLOW THE MISSION OF THE CHURCH.

AREA REGULATIONS

CONTROL CENTER DESK... Only authorized persons are permitted in the Welcome Center area. Upon entering the CLC facility, everyone must check in at the Control Center Desk. All questions concerning programs, equipment, and facility may be answered at the Control Center Desk. All payments must be made directly to the staff personnel on duty at the Welcome Center.

Cardio Room... This room serves as an extension of the weight room. Only those members who have facility or combo memberships may use this room. Any equipment that may need to be serviced should be reported to the control center desk. The TV's in this room are monitored from the control desk, if you wish to have the channel changed you should request this at the control desk.

CERAMIC AND CRAFT ROOMS... Only those with permission may enter these areas when a class is not in session. Only authorized personnel may enter the kiln or supply rooms. For information concerning ceramics and craft classes please call 949-1946.

EXERCISE/AEROBICS ROOM... Intended for fitness classes. Room will remain locked unless an instructor is present. No food or drink allowed (except for personal water bottles). Only instructors may operate sound system.

CLASSROOMS... Anyone who wishes to alter the original purpose and/or arrangement of any classroom, must apply for permission through the proper department and may be required to return the room to its original state.

WEIGHT ROOM... Members must be 15 years old or older to be in the weight room without an adult. This is a co-ed facility. In order to protect the modesty of all participants, the following dress code is required for co-ed use: Shirts must be worn at all times. Appropriate length shorts, along with other suitable attire, are required at all times by males and females. No horseplay is allowed in the weight room. No food or drink or gum is allowed in the weight room (except personal water bottles).

GYMNASIUM... No black soled or leather on the surface of the gym floor during play. Absolutely nothing may be thrown from the gym floor to the track above. Anyone violating this rule is in danger of being dismissed from the CLC. No personal basketballs, volleyballs, etc. may be used. Gym equipment will be set up and operated by authorized personnel only. Some equipment may be checked out at the control center. No kicking basketballs or volleyballs. No hanging from goals.

ROCK CLIMBING WALL... Use of the Rock Climbing Wall will be limited to those who have a facilities membership, have a party, or are attending a facility sponsored event at which the rock wall is a featured attraction. There **MUST** be a qualified staff member on hand for the rock wall to be used. Those using the rock wall are to stay on the rock wall itself. The walls and railing of the second floor are OFF LIMITS. Violation of this rule will terminate your ability to use the facility for a time period to be determined by the CLC staff.

TRACK... Sitting or leaning on the rail around the track is prohibited. No one under the age of 15 will be allowed on the track unless accompanied by an adult. Basketballs, volleyballs or any other type of athletic equipment is not allowed on the track. Anyone shooting at the baskets from the track will be subject to dismissal from the CLC. Absolutely nothing may be thrown from the track to the gym. Anyone violating this rule will be in danger of dismissal from the CLC. 12 laps equal a mile. This is a conditioning track. No racing is allowed. All walking, running and jogging directions are posted. No food, drink, or gum is allowed on the track. Slower joggers take the inside lane. No shoes with raised heels allowed.

RACQUETBALL COURTS... Reservations for racquetball court may be made no more than one day in advance. A court may be reserved for only one hour of play for any two players. Players cannot reserve two consecutive hours or two separate hours on the same day by reserving one hour under each player's name. Only one reservation for each group or member shall be made per day. Reservations must be made on the hour for one hour only. If a reserved court is not occupied within 10 minutes of the reservations start time, the reservation is lost and the court becomes open for the remainder of that hour. If a court is open and groups or members who have not made a reservation wish to play, they may do so on a first-come first-served basis for up to one hour of court time or until the next group with a reservation arrives to claim the court. The official time clock for court reservation is the clock located in the control center. If for any reason participants cannot come to an agreement, CLC staff will make a final decision.

LOCKER ROOMS... For safety reasons, it is especially important that their responsible adult closely supervise under-aged children while in the locker rooms. Each person is responsible for keeping wet, sweaty or soiled clothes out of lockers. Towels are provided for everyone and should be returned to the front Control counter upon departure. No horseplay allowed in the locker dressing room. No food, drink or gum is allowed in the locker room. Lockers may be secured at the control center.

CHILDCARE ROOMS... This area is designated as a play area for children who are 5yrs. old and below. Baby beds are provided for bed babies. Nursery will be provided from 8:30 a.m. until 2:00p.m Monday through Friday. Monday, Tuesday and Thursday, childcare will be provided from 5:00p.m until 8:00p.m for CLC members. Only FBC Jackson approved workers will staff the nursery. No gum is allowed in this area.

GAME ROOM... Every game has proper rules and players are expected to respect them. Game tables are placed so that games can be played without interfering with others. Do not move, rearrange, or sit on tables. No game room equipment may be taken out of the game room except to check equipment back in at the Control Center. Time limits will be imposed when others are waiting. Children in 5th grade and below may NOT be in the Game Room unless accompanied by an adult or child care supervisor. Equipment for use in the Game Room must be checked out in exchange for the members Keys/Key Tag. Food and Drink are NOT ALLOWED in the Game Room! During the summer months, this room will be used for child care for 1st through 6th graders who have parents using the facility.